

Pike County Health Department, Home Health & Hospice

Volume 3, Issue 3

August 2011

“New & Expanded Programs for Pike County”

Hunter Behlmann Memorial FS4JK Safety Day Camp

September 24th the Hunter Behlmann Memorial FS4JK Chapter will be hosting a Safety Day Camp for children in grades 2-5. The day camp will cover water safety, storm safety, hidden hazards, first aid/911 and gun safety. The cost of the camp is \$10 per child and includes lunch, t-shirt and a goody bag. The day camp is from 9 a.m. to 1 p.m. at the Pike County Fairgrounds. Please register by September 14th by calling 324-2111.



Richard Oberdahlhoff explains his farm related accident at the Farm Safety Day Camp in 2009.

Bereavement Program

Hospice is pleased to announce that we will begin hosting bereavement classes again this fall! The program will be designed to be quarterly and run one evening a week for four weeks. The classes are not limited only to family members of hospice patients, but will be available to the general public. We feel this is a service that can benefit everyone in the community and invite those who are grieving, or have suffered a loss to participate. Class schedules to be announced in the local newspapers and posted on our website.

Drive Thru Flu Clinic



Mark your calendars...Pike County Health Department Home Health & Hospice will be hosting a “**Drive Thru Flu Clinic**” on Monday, September 26th at the Church of the Nazarene, 807 S Court Street, Bowling Green. The clinic will be from 10 a.m. to 2 p.m. The vaccine is \$17.00. We will accept cash, check, Medicare and Medicaid. Please bring your Medicare card with you.



Pike County Diabetes Counseling Program to Include Cooking Class

The Pike County Health Department, Home Health & Hospice believes in education*, counseling, support, and a little fun to help people with diabetes live healthy and happy lives. For these reasons the Pike County Diabetes Counseling program was created. “Our team of dedicated professionals has built a diabetes program of classes, events, and support groups that meet or exceed the national standards set by the American Diabetes Association,” says Kim Gamm, Chronic Disease Coordinator. The program is designed for anyone with Type 1, Type 2 or Gestational Diabetes and is covered by Medicare and most insurance plans. Participants receive one-on-one education from Registered Dietitians and a Registered Nurse Certified Diabetes Educator as well as four classroom-style educational sessions, after which annual one-on-one sessions are available. The sessions cover disease management by educating attendees on monitoring, meal planning, physical activity, short and long term complications and stress management. The goal of the program is to provide the skills needed to take control of the

disease instead of it controlling them. More important, our staff strives to make life better for those with diabetes, their family and friends.

Coming soon a new advantage to participating will be diabetes cooking classes. Participants can attend these classes in person or view them via our website at www.pikecountyhealth.org. “Hands on opportunities such as cooking classes allows people with diabetes to apply knowledge learned from self-management education sessions,” adds Gamm. A monthly diabetes support group meeting is held on the fourth Monday of every month at 2pm at the health department facility.

For information on the Pike County Diabetes Counseling program or the diabetes support group contact Kim Gamm RN BSN CDE at 573-324-2111



Open House – September 25th



Pike County Health Department, Home Health & Hospice invites you to the Dedication and Open House of the new facility.

Sunday, September 25, 2011

*1 Health Care Place
Bowling Green, MO 63334
(behind Wal-Mart)*

*Dedication of Building 1:00 p.m.
Open House 1:30 p.m. to 4:00 p.m.*



Message from the Administrator



Justin Selle
Administrator

As a way of saying thank you to the community for all of their support, the Pike County Health Department, Home Health and Hospice would like to open their doors to local businesses and organizations. PCHD invites local businesses and organizations to utilize their brand new conference room whenever possible at no charge. The large conference room is 32'x21' and has windows along two of the walls, a large television and white board for presentations. The conference room table can be split into smaller tables for flexibility. The use of the conference room will also include access to the kitchen and restrooms. A side entrance for easy access is available along with plenty of parking. To reserve the conference room for your next business or organizational

meeting please call Jennifer Schumacher at 573-324-2111

Pike County's Got Talent

Hospice Volunteers gear up for the third Pike County's Got Talent, Showcase of Entertainment.

September 18th

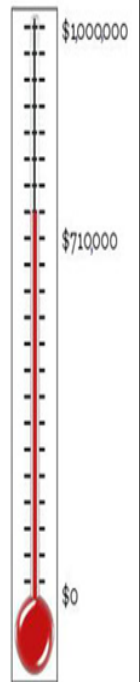
2:00 p.m.

Bowling Green High School Auditorium

Tickets are \$5.00 and may be purchased in advance at Pike County Health Department Home Health & Hospice or at the door.

Participants are:

- Nathan & Heidi (Ricks) Adams
- Stormy Bennett
- Richard Biggs
- Gloria (Chatman) Borndes
- Rochelle (Warren) Branstetter
- Becca Brown
- Tim Brown
- Heather Buchanan
- Jennifer Eisenhower
- Donna (Biggs) Grote
- Howard Street Dance Studio
- Debra Ingram
- Clay Jenkins
- Angela (Dameron) Mair
- Letha (Ebers) Perkins
- Amos Pitzer



Golf Tournament

The Home Care & Hospice Foundation of Pike County will be hosting our 2nd Annual 4-Person Scramble on September 17th at Eagles Bluff Golf Course in Clarksville. Check in is at 9:00 a.m. with tee off at 10:00 a.m. The entry fee is \$300 per team.
\$10,000 Hole-In-One Prize!!

Sponsor Packages

- Builders: \$500 Gold Stripe Hole Sponsor and team to play golf with meal following
- Founders: \$250 Silver Stripe Hole Sponsor
- Pacesetters: \$100 Bronze Stripe Hole Sponsor

Contact Jerry Hickerson at (573) 470-3413 for more information.



Home Care & Hospice Foundation of Pike County
1 Health Care Place
Bowling Green, MO 63334

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*Pike County Health News
Enclosed!*



*Providing a lifetime of care to you and
your family.*

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Bowling Green, MO 63334
1 Health Care Place

**Pike County Health Department,
Home Health & Hospice**



Mission Statement
To ensure the safety, wellness and comfort of the
citizens of Pike County through the delivery of
exceptional care and preventive services.
History
The agency has a long history of providing pre-
ventive and health care services to Pike County
residents. Public Health services have been pro-
vided since 1948, with Medicare/Medicaid Home
Health services added in 1969. In 1993, Hospice
was founded.